

COME JOIN US AT OUR COMEDY NIGHT!

Date: Nov/09/2023

[Click Here for more information!](#)



SARA's Board of Directors - not pictured: Meagan Abercrombie and Kristi Clark

FYE 2023 Statistics

Housing and Outreach

1,125

women accessed Housing services

451

women have accessed Outreach Services

Harm Reduction

1,514

Needles Distributed

117

Naloxone kits provided to clients

455

Needles Properly disposed of

Counselling

190

Women seen in our STV program

109

Kids seen in our P.E.A.C.E program

Pregnancy Outreach Program (POPs)

83

Women ongoing in the program

65

Mothers + Children attending lunches

Program Good News

HIV PREVENTION & SUPPORT PROGRAM

One of our clients has successfully maintained low viral loads, making their virus non-transmittable at this time. The client expressed their gratitude, saying, "I'm thankful to the worker for their support in ensuring I receive the necessary HIV treatment."

PEACE PROGRAM

One client at the initial session would not make eye contact with staff. Over the 12-week program, there were significant changes made and in the final session, the client was completely engaged and able to self-review various principles from the PEACE Program with confidence. The rapport changed with the primary caregiver as well. The client was able to communicate emotions appropriately.

[Donate Now](#)

WHY DONATE?

When you donate to SARA for Women you make a direct positive impact in the lives of vulnerable women and children in your community. And there are a number of ways that you can make that difference.

WHERE DO MY DONATIONS GO?

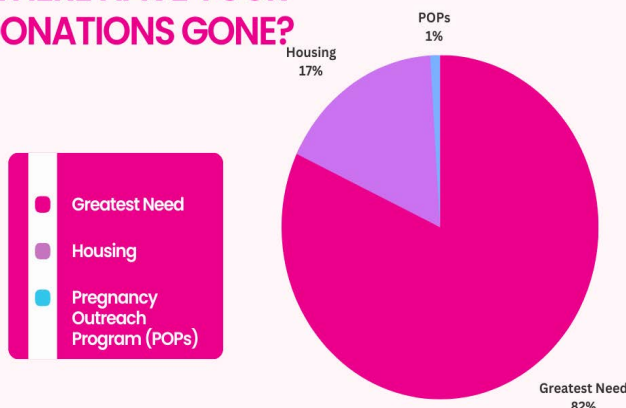
Your donations are distributed where they are needed most to achieve maximum effectiveness for the most vulnerable members of our community. Your donations could go to needs such as;

- Newborn babies to Toddlers – your donations can help buy things like diapers, formula, gifts during holidays, lunches, and more.
- Women escaping violence to overcoming addictions – your donation can go to providing a hot meal, clothing for extreme weather, harm reduction supplies to save a life, a safe place to rest their head, and more.

Your donations can also help us create more programming, expanding our reach within the Fraser Valley, providing extra support to women and children in need, and so much more.

***REMINDER:** Now is the time to donate! The deadline for charitable receipting is December 31st 2023!

WHERE HAVE YOUR DONATIONS GONE?



SARA for Women: Community Art Project 2023

This summer, several SARA employees and board members had the opportunity to facilitate an on-going community art project. I've designed a number of similar projects, always with the purpose of creating environments where people can build connections as they work on communal art. There's something magical that happens when people gather around a table, working towards a common goal, and simply start talking to each other.

By providing drawings of people and trees which people can paint, the project is simple enough so that everyone who participates feels successful.

These canvases depict buildings surrounded by trees and fields, with women and children coming together and walking towards housing. SARA provides shelter and short term housing for women and their children seeking refuge, so I felt it was important to design something that represents that.

Starting in June, we brought this project to Mission City's Sip & Stroll event, Mission Folk Festival, Abbotsford Art & Wine Walk and invited people to participate. We have also taken it to some of the different programs that SARA offers, to include the women and children we serve.

Stay tuned to see the final piece!

- Linda Klippenstein, Board Member



Board Corner What is your "Why"

"Hello! My name is Kristi Rutherford and I am honored to serve as the chair of the Community Engagement Committee at SARA for Women. I am extremely grateful for the opportunity to be a part of such a wonderful organization. My passion has always been to help women in any way I can, and SARA for Women has given me the platform to do just that. As a member of SARA, my main goal is to raise awareness and funds that will assist us in helping more women discover their unlimited potential. I believe every woman deserves the opportunity to create the life she truly wants to live, and through our work at SARA, we can continue to provide resources to make that possible.

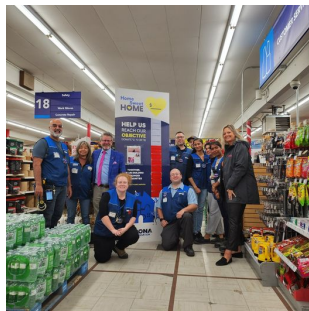
I feel privileged to be in a position where I can contribute to the change that we as an organization can create. Community support is crucial to SARA for Women, and I am excited to see the positive growth and inclusion that we can achieve as we approach our 50th Anniversary. It is a significant milestone, and I hope we can look back on it as a community and feel proud of the progress we have made."



- Kristi Rutherford,
Community
Engagement
Committee Chair

SARA IN THE COMMUNITY

Peers in the Community



Home Sweet Home
Abbotsford RONA Fundrasier

International Overdose
Awareness Day Event



Home Sweet Home
Mission RONA Fundrasier



Mission Fest



Mission Folk Fest



Dog Therapy Group



United Way Donation