

April 2023 - June 2023

SAVE THE DATE ANNUAL GENERAL MEETING

Date: Sept/28/2023

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SARA's Board of Directors

Statistics and Program Good News

Housing and Outreach

1090 women accessed Housing services

456 women have accessed Outreach Services

Harm Reduction

29,751 Needles Distributed

1,183 Naloxone kits provided to clients

948 Needles Properly disposed of

Counselling

219 Women seen in our STV program

117 Kids seen in our P.E.A.C.E program

Pregnancy Outreach Program (POPS)

138 Women ongoing in the program

11 Mothers + Children attending lunches

MULTICULTURAL OUTREACH

An outreach worker advocated for a client struggling financially to receive an entire month's rent from Northview Church

HARM REDUCTION & OVERDOSE PREVENTION SITES PROGRAM

The team successfully responded to 8 overdoses on site in May, which has been the highest amount of overdoses in one month ever seen in our programs due to the increase of the drug poisoning crisis.

HOUSING

Two women and their families secured permanent housing.

One woman secured employment that will offer financial stability for her and her kids.

PREGNANCY OUTREACH PROGRAM (POPS)

Crystal Vision and Better Hearing came for one of the Lunch and Learns to do hearing tests. One of the women discovered she had moderate to severe hearing loss, was fitted with hearing aids and left the meeting able to hear. This improved her quality of life and her ability to parent since she could hear better.

COUNSELLING

PEACE: An 8 year old foster child had been coming to the program for a short period of time. This young fellow struggled with nervous system dysfunctions due to the environment he had been exposed to prior to the age of 8. He would become aggressive with peers with significant repercussions. The Counsellor worked hard with helping him learn self-regulation skills as well as developing self-esteem. He has become more regulated, and overall doing much better.

STV: Every month there is a story of a woman who has applied the skills of emotional regulation and found their life to improve. Their ability to parent improves and they find themselves engaging less in the chaos created with a partner who acts abusively.

One woman has been coming for counselling for a couple of years due to the severity of her childhood trauma and the ongoing abuse from her mother and partner. She is now at a place where she is reaching out for housing and looking at leaving her abusers.

[Donate Now](#)

WHY DONATE?

When you donate to SARA for Women you make a direct positive impact in the lives of vulnerable women and children in your community. And there are a number of ways that you can make that difference.

WHERE DO MY DONATIONS GO?

Your donations are distributed where they are needed most to achieve maximum effectiveness for the most vulnerable members of our community. Your donations could go to needs such as;

- Newborn babies to Toddlers – your donations can help buy things like diapers, formula, gifts during holidays, lunches, and more.
- Women escaping violence to overcoming addictions – your donation can go to providing a hot meal, clothing for extreme weather, harm reduction supplies to save a life, a safe place to rest their head, and more.
- Your donations can also help us create more programming, expanding our reach within the Fraser Valley, providing extra support to women and children in need, and so much more.

WHERE HAVE YOUR DONATIONS GONE?



Winner of the Non-profit of the Year Award

The Mission Business Excellence Awards recognize outstanding organizations and individuals in the community. Taking time to recognize Mission's valuable professionals is vital to its continuous growth and success.

SARA for Women was among 7 Non-Profits this year to be nominated for the Charitable or Non-Profit Organization of the Year. After a long process of many interviews and voting, SARA for Women went home with the award!

We are so honoured to have received this award as it shows our dedication and commitment to all the communities we serve. We are thankful to everyone who voted for us and to our staff who work tirelessly to support the communities.



Board Corner What is your "Why"

"Hello, my name is Linda Klippenstein and I'm the chair of the Community Engagement Committee. I'm so honoured to be part of this organization and although I have never experienced the difficulties and trauma that so many of the women and children who access our services have, I was raised by parents who needed supports in their early years. After they had some stability, they spent their lives giving back. They taught me the value of community and modelled a life of volunteering. Community support is vital to SARA For Women. It's exciting to be part of this team that is committed to engaging with people like you who can make a difference."



- Linda Klippenstein,
Board Member

SARA IN THE COMMUNITY

UFV Job Fair



Seniors Wellness Day

International Women's Day



Mission Resource Fair



Mission Connect Event



United Way Easter Egg Hunt



WorkBC Job Fair



Mission Sip & Stroll
Art Walk